

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Ian Jones

Has successfully participated & completed the

10km Cape Prestige Trail Run #3

held at Delheim Wine Estate.

**TIME** 01:17:23

**PACE** 07:43/km

OVERALL 15 of 59

23 November 2024, Sat

Date

**GENDER** 13 of 27

60 - 69 2 of 6



BoutTime

Signature