

CERTIFICATE

OF PARTICIPATION

This is to certify that

laan Van Heerden

Has successfully participated & completed the

10km 22nd Vlakte Marathon

held at Heidelberg High School Sports Ground.

TIME 01:19:43

PACE 07:57/km

OVERALL 194 of 457

/(

GENDER 85 of 175

70+ 2 of 7

23 November 2024, Sat

Date



Bout Lime
Signature