

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Hermien Lourens**

Has successfully participated & completed the

**10km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 01:41:52**

**Mat-To-Mat Time 01:41:52**

**PACE 10:10/km**

**GENDER 308 of 385**

**OVERALL 508 of 628**

**40+ 61 of 73**



22 November 2025, Sat

Date

Signature



*BoutTime*