

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Hermias Strauss**

Has successfully participated & completed the

**10km Fancourt 10km Run Walk**

held at The Ridge, George.

**OFFICIAL TIME 00:54:50**

**Mat-To-Mat Time 00:54:50**

**PACE 05:28/km**

**OVERALL 83 of 500**

**GENDER 57 of 220**

**40+ 11 of 38**



19 December 2025, Fri

Date

Signature

