

CERTIFICATE

OF PARTICIPATION

This is to certify that

Herman Boock

Has successfully participated & completed the

42.2km 22nd Vlakte Marathon

held at Heidelberg High School Sports Ground.

TIME 05:17:18

PACE 07:33/km

GENDER 172 of

215

OVERALL 294 of 373

SENIOR (20- 49 of 54

39)

23 November 2024, Sat

