

CERTIFICATE OF PARTICIPATION

This is to certify that

Hennie Keyser

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 00:54:59

Mat-To-Mat Time 00:54:59

PACE 05:28/km

GENDER 45 of 243

OVERALL 60 of 628

**SENIOR (20- 22 of 91
39)**



22 November 2025, Sat

Date

Signature



BoutTime