

CERTIFICATE OF PARTICIPATION

This is to certify that

Henk Schuurman

Has successfully participated & completed the

10km Run/Walk Mistico Breakfast Run/Walk

held at Mistico, Cape Town.

OFFICIAL TIME 01:04:53

Mat-To-Mat Time 01:04:53

PACE 06:28/km

OVERALL 22 of 44

GENDER 15 of 22

70 - 79 1 of 1



13 December 2025, Sat

Date

Signature

