

CERTIFICATE OF PARTICIPATION

This is to certify that

Henk Fourie

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:16:09

Mat-To-Mat Time 01:16:09

PACE 07:36/km

GENDER 134 of 220

OVERALL 261 of 500

SENIOR (20- 56 of 82 39)



Date

Signature

BoutTime