

CERTIFICATE

OF PARTICIPATION

This is to certify that

Hendrik Rooi

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:21:20

Mat-To-Mat Time 04:21:20

PACE 06:12/km

OVERALL 332 of 98

GENDER 216 of

557

40+ 65 of 185

22 November 2025, Sat

BoutTime