

CERTIFICATE OF PARTICIPATION

This is to certify that

Helize-Estee Grobler

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:01:05

Mat-To-Mat Time 01:01:05

PACE 06:06/km

GENDER 49 of 280

OVERALL 133 of 500

**SENIOR (20- 22 of 98
39)**



19 December 2025, Fri

Date

Signature



BoutTime