

CERTIFICATE

OF PARTICIPATION

This is to certify that

Helize-Estee Grobler

Has successfully participated & completed the

21.1km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:09:23

Mat-To-Mat Time 02:09:23

PACE 06:09/km

OVERALL 253 of 678

GENDER 111 of 384

SENIOR (20- 60 of 188

39)

22 November 2025, Sat

BoutTime