

CERTIFICATE

OF PARTICIPATION

This is to certify that

**Helga Van
Papendorp**

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:37:46

Mat-To-Mat Time 01:37:46

PACE 09:45/km

**GENDER 290 of
385**

OVERALL 483 of 628

40+ 55 of 73



22 November 2025, Sat

Date

Signature



BoutTime