

CERTIFICATE OF PARTICIPATION

This is to certify that

**Helene-Mari Du
Plessis**

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:55:56

Mat-To-Mat Time 01:55:56

PACE 11:34/km

**GENDER 242 of
280**

OVERALL 434 of 500

**SENIOR (20- 84 of 98
39)**



Date

Signature

BoutTime