

CERTIFICATE OF PARTICIPATION

This is to certify that

**Helene-Mari Du
Plessis**

Has successfully participated & completed the

21.1km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:05:35

Mat-To-Mat Time 02:05:35

PACE 05:57/km

GENDER 92 of 384

OVERALL 224 of 678

**SENIOR (20- 51 of 188
39)**



22 November 2025, Sat

Date

Signature



BoutTime