



CERTIFICATE

OF PARTICIPATION

This is to certify that

Helena Higgs

Has successfully participated & completed the

13km Black Hill Timbercity Red Hill Marathon

held at Fish Hoek Sports Field.

TIME 01:46:37

PACE 7.32km/h

OVERALL 327 of 623

25 January 2025, Sat

GENDER 151 of

363

50+ 39 of 88





