

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Helen Reuter#2025&**

Has successfully participated & completed the

**10km Fancourt 10km Run Walk**

held at The Ridge, George.

**OFFICIAL TIME 01:20:20**

**Mat-To-Mat Time 01:20:20**

**PACE 08:01/km**

**GENDER 149 of  
280**

**OVERALL 292 of 500**



**JUNIOR (15- 6 of 9  
19)**

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Date

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Signature

*BoutTime*