

CERTIFICATE OF PARTICIPATION

This is to certify that

**Helana Janse Van
Rensburg**

Has successfully participated & completed the

21.1km 22nd Vlake Marathon

held at Heidelberg High School Sports Ground.

TIME 01:48:44

PACE 05:09/km

GENDER 18 of 277

OVERALL 59 of 482

40+ 8 of 79

23 November 2024, Sat

Date



BoutTime

Signature

