

CERTIFICATE OF PARTICIPATION

This is to certify that

Helana Du Toit

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:51:29

Mat-To-Mat Time 03:51:29

PACE 05:30/km

GENDER 41 of 426

OVERALL 166 of 983

40+ 11 of 159



22 November 2025, Sat

Date

Signature

