

CERTIFICATE OF PARTICIPATION

This is to certify that

Heidi Menezes

Has successfully participated & completed the

10km Cape Prestige Trail Run #3

held at Delheim Wine Estate.

TIME 01:39:26

PACE 09:55/km

GENDER 15 of 32

OVERALL 36 of 59

OPEN 10 of 19

23 November 2024, Sat

Date



BoutTime

Signature

