

CERTIFICATE

OF PARTICIPATION

This is to certify that

Grietje Zakarian-Cappuyns

Has successfully participated & completed the

21km Cape Prestige Trail Run #3

held at Delheim Wine Estate.

TIME 02:22:23

PACE 06:45/km

OVERALL 15 of 30

GENDER 3 of 9

60 - 69 1 of 1

23 November 2024, Sat

Date



BoutTime

Signature