

CERTIFICATE

OF PARTICIPATION

This is to certify that

Gideon Adriaanse



21.1km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:11:35

Mat-To-Mat Time 02:11:35

PACE 06:15/km

GENDER 148 of

294

60+ 15 of 39



22 November 2025, Sat-

BoutTime