

CERTIFICATE OF PARTICIPATION

This is to certify that

Gerhard Nel

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:54:09

Mat-To-Mat Time 04:54:09

PACE 07:00/km

GENDER 346 of 557

OVERALL 586 of 983

50+ 78 of 130



22 November 2025, Sat

Date

Signature



BoutTime