

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Gerhard Jansen Van Vuuren

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

**OFFICIAL TIME** 00:57:02

**Mat-To-Mat Time** 00:57:02

**PACE** 05:42/km

**OVERALL** 101 of 500

**GENDER** 67 of 220

**SENIOR (20-** 34 of 82

39)

19 December 2025, Fri

BoutTime