

CERTIFICATE OF PARTICIPATION

This is to certify that

Gerhard Dyzel

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:01:45

Mat-To-Mat Time 01:01:45

PACE 06:09/km

GENDER 87 of 220

OVERALL 139 of 500

40+ 15 of 38



19 December 2025, Fri

Date

Signature

