

CERTIFICATE OF PARTICIPATION

This is to certify that

Gerard Groenewald

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:03:48

Mat-To-Mat Time 01:03:48

PACE 06:21/km

GENDER 88 of 243

OVERALL 156 of 628

50+ 11 of 46



22 November 2025, Sat

Date

Signature

