

CERTIFICATE

OF PARTICIPATION

This is to certify that

Gawie Van Heerden



10km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:34:24

Mat-To-Mat Time 01:34:24

PACE 09:25/km

OVERALL 448 of 628

GENDER 180 of

243

40+ 24 of 33

22 November 2025, Sat

BoutTime