

CERTIFICATE

OF PARTICIPATION

This is to certify that

Garth Grootboom

Has successfully participated & completed the

21.1km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:58:43

Mat-To-Mat Time 01:58:43

PACE 05:39/km

OVERALL 143 of 678

GENDER 97 of 294

SENIOR (20- 46 of 122

39)

22 November 2025, Sat

BoutTime