

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## **Garfield Theunis**

Has successfully participated & completed the

10km Tshwane Oppie Bol Road Race

held at SANDF Sports Grounds.

**TIME** 01:13:06

**PACE** 07:18/km

**OVERALL** 69 of 142

**GENDER** 48 of 81

**40+** 16 of 29

02 November 2024, Sat

Date



BoutTime

Signature