

CERTIFICATE OF PARTICIPATION

This is to certify that

Frikkie Gronje

Has successfully participated & completed the

42.2km 22nd Vlake Marathon

held at Heidelberg High School Sports Ground.

TIME 05:04:36

PACE 07:15/km

**GENDER 159 of
215**

OVERALL 270 of 373

60+ 12 of 20

23 November 2024, Sat

Date



BoutTime

Signature

