

CERTIFICATE OF PARTICIPATION

This is to certify that

Frikkie Cronje

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 00:53:36

Mat-To-Mat Time 00:53:36

PACE 05:21/km

OVERALL 48 of 628

GENDER 38 of 243

70+ 1 of 12



22 November 2025, Sat

Date

Signature

