

# CERTIFICATE OF PARTICIPATION

This is to certify that

## Frikkie Carstens

Has successfully participated & completed the

**10km Michell's Pass Half Marathon**

held at Victoria Park, Ceres.

**TIME** 01:11:07

**PACE** 07:06/km

**GENDER** 146 of  
331

**OVERALL** 214 of 590

**60+** 5 of 9

26 October 2024, Sat

Date



*BoutTime*

Signature

