

CERTIFICATE

OF PARTICIPATION

This is to certify that

Frikka Ngubeni

Has successfully participated & completed the

21.1km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 02:35:48

Mat-To-Mat Time 02:34:31

PACE 07:24/km

OVERALL 89 of 195

GENDER 60 of 97

SENIOR (20- 28 of 40

39)

22 November 2025, Sat-

BoutTime