

CERTIFICATE OF PARTICIPATION

This is to certify that

Friedrich Bierman

Has successfully participated & completed the

5km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 00:21:10

Mat-To-Mat Time 00:30:11

PACE 04:13/km

OVERALL 5 of 80

GENDER 2 of 36

YOUTH 1 of 14



22 November 2025, Sat

Date

Signature

