

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Frederick Pretorius

Has successfully participated & completed the

5km Volksrust Marathon

held at Volksrust High School.

**OFFICIAL TIME** 00:53:55

**Mat-To-Mat Time** 00:52:04

**PACE** 10:46/km

OVERALL 39 of 80

**GENDER** 18 of 36

**SENIOR (20-** 2 of 7

39)

22 November 2025, Sat

BoutTime