

CERTIFICATE OF PARTICIPATION

This is to certify that

Fred Jaftha

Has successfully participated & completed the

42.2km 22nd Vlake Marathon

held at Heidelberg High School Sports Ground.

TIME 03:28:44

PACE 04:57/km

GENDER 39 of 215

OVERALL 42 of 373

40+ 14 of 77

23 November 2024, Sat

Date



BoutTime

Signature

