

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Frank Dayizana

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME** 04:33:10

**Mat-To-Mat Time** 04:33:10

**PACE** 06:30/km

OVERALL 406 of 98

**GENDER** 260 of

557

**50+** 58 of 130

22 November 2025, Sat-

BoutTime