

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Frank Bird**

Has successfully participated & completed the

**10km SEEFF KMC NITE RACE**

held at Knysna Marathon Clubhouse, Knysna.

**OFFICIAL TIME 00:45:50**

**Mat-To-Mat Time 00:45:42**

**PACE 04:34/km**

**GENDER 28 of 145**

**OVERALL 30 of 256**

**SENIOR (20- 16 of 51  
39)**



16 December 2025, Tue

Date

Signature



*BoutTime*