

CERTIFICATE OF PARTICIPATION

This is to certify that

Francois Steenkamp

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:08:51

Mat-To-Mat Time 01:08:51

PACE 06:52/km

GENDER 119 of 220

OVERALL 219 of 500

60+ 13 of 29

19 December 2025, Fri

Date



Signature

