

CERTIFICATE

OF PARTICIPATION

This is to certify that

Francois Grobler

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:57:36

Mat-To-Mat Time 04:57:36

PACE 07:04/km

OVERALL 632 of 98

GENDER 372 of

557

50+ 87 of 130

22 November 2025, Sat-

BoutTime