

CERTIFICATE

OF PARTICIPATION

This is to certify that

Esmare Volschenk



10km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:20:59

Mat-To-Mat Time 01:20:59

PACE 08:04/km

GENDER 183 of

385

OVERALL 328 of 628

SENIOR (20- 82 of 157

39)



Date

Signature Bout Lime