

CERTIFICATE

OF PARTICIPATION

This is to certify that

Esinalo Monakali



42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:18:02

Mat-To-Mat Time 04:18:02

PACE 06:07/km

GENDER 104 of

426

OVERALL 313 of 983

SENIOR (20- 50 of 154

39)



Date

Signature Bout Lime