

CERTIFICATE

OF PARTICIPATION

This is to certify that

Erika van der Vlies

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 00:58:35

Mat-To-Mat Time 00:58:35

PACE 05:51/km

OVERALL 96 of 628

GENDER 29 of 385

60+ 2 of 42



22 November 2025, Sat

Date

Signature

