

CERTIFICATE OF PARTICIPATION

This is to certify that

Erik Van Zyl

Has successfully participated & completed the

Rhythm Run 15km Rhythm Run

held at Mistico, Cape Town.

TIME 02:09:44

PACE 08:37/km

GENDER 18 of 19

OVERALL 33 of 36

60 - 69 3 of 3

29 March 2025, Sat

Date



BoutTime

Signature

