

CERTIFICATE OF PARTICIPATION

This is to certify that

Eric Proudfoot

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:10:19

Mat-To-Mat Time 01:10:19

PACE 07:00/km

OVERALL 228 of 628

GENDER 111 of 243

50+ 14 of 46



22 November 2025, Sat

Date

Signature

