

CERTIFICATE

OF PARTICIPATION

This is to certify that

Emma Heyns

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:39:12

Mat-To-Mat Time 04:39:12

PACE 06:37/km

OVERALL 441 of 98

GENDER 162 of

426

40+ 63 of 159

22 November 2025, Sat

BoutTime