

CERTIFICATE

OF PARTICIPATION

This is to certify that

Emma Du Plooy

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:52:35

Mat-To-Mat Time 00:52:35

PACE 05:15/km

OVERALL 62 of 500

GENDER 20 of 280

JUNIOR (15- 2 of 9

19)

19 December 2025, Fri

BoutTime