

CERTIFICATE OF PARTICIPATION

This is to certify that

Emelia Crause

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:05:04

Mat-To-Mat Time 01:05:04

PACE 06:30/km

GENDER 75 of 280

OVERALL 177 of 500

**SENIOR (20- 30 of 98
39)**



19 December 2025, Fri

Date

Signature



BoutTime