## CERTIFICATE **OF PARTICIPATION**

This is to certify that

## **Elsa Mietas**

Has successfully participated & completed the

10km Trail Run 19 October 2024 Eselfontein Trail Run Stage Race (Day 2) held at Eselfontein.

## **TIME** 01:06:40

**PACE** 06:03/km OVERALL 13 of 51

GENDER 8 of 37 50 - 59 3 of 7



Signature

19 October 2024, Sat

Date