

CERTIFICATE OF PARTICIPATION

This is to certify that

Elmien Van Niekerk

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:10:00

Mat-To-Mat Time 01:10:00

PACE 07:00/km

GENDER 114 of 385

OVERALL 222 of 628

**SENIOR (20- 54 of 157
39)**



22 November 2025, Sat

Date

Signature



BoutTime