

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ellie Strong

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:01:46

Mat-To-Mat Time 01:01:46

PACE 06:09/km

OVERALL 140 of 500

GENDER 53 of 280

SENIOR (20- 24 of 98

39)

19 December 2025, Fri

BoutTime